

Take time out with us

**On an Individually Guided –
Retreat by the Sea.**

*There is a time for everything
and a season for every activity under heaven,
A time to mend... and a time to heal.
(Ecclesiastes 3:1-7)*

Friday July 9th – 11th 2021

The Pleasaunce,
Overstrand
On the beautiful North
Norfolk Coast
(from £220)

To book a place visit our website
www.guidedretreats.org.uk

For enquiries email rev@guidedretreats.org.uk
tel: 07896658373

50% bursaries available for NHS staff & Care-workers,
courtesy of The Association for Promoting Retreats
(APR)

Great food and
fellowship, walking,
reading and writing,
wrapped up in a monastic
rhythm of prayer with
the opportunity for one
to one sessions of holy
listening.



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